



# Orange County Migraine & Headache Center

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## Spring Newsletter

### Orange County Migraine & Headache Center

Spring is traditionally a time for “spring cleaning” and so it is for us at OC Migraine & Headache Center. Many of our patient handouts and resource materials date back to 2007. We have now begun the process of updating all materials on our website so that you have access to the most current information. Here is a sneak preview: our first handout being revised is on the topic of cluster headache. New advances include the FDA approved GammaCore stimulator for acute and preventive treatment of cluster headache. It is a non-invasive vagal nerve stimulator. In addition, studies look very promising for one of the new CGRP monoclonal antibodies to get approval for cluster headache.

Very importantly, we are updating our web-based resources when you want information about a particular topic related to your headaches. We have identified four in particular that we feel offer good information without being overly promotional. They are the following:

1. American Migraine Foundation (the patient educational resource affiliated with The American Headache Society to which both Dr. Hutchinson & Dr. Molly belong)  
<http://americanmigrainefoundation.org>
2. <http://migraine.com> (interactive website for migraine sufferers)
3. <http://migraineagain.com> (trusted healthcare advice from providers around the world)
4. National Headache Foundation (large membership base for all types of headache)  
[www.headaches.org](http://www.headaches.org)

As we update and work to improve our website ([www.ocmigraine.org](http://www.ocmigraine.org)) we welcome your feedback both positive and negative. Please address your feedback and/or suggestions for new material on our website to our office email at [info@ocmigraine.org](mailto:info@ocmigraine.org)

Thank you for your trust in our headache-focused medical practice. This is truly an exciting time for headache with many new and emerging treatments both for acute and preventive. We look forward to your next appointment so we can determine which new treatments may be best for you.

Enjoy your spring-cleaning,

Dr. Susan Hutchinson & Dr. Molly Rossknecht

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