



**Fall Newsletter 2018**  
**Orange County Migraine & Headache Center**

Dear Patient,

We are pleased to announce that a second CGRP Monoclonal Antibody, Ajoovy, was approved by the FDA on 9/14/18 for the prevention of migraine in adults. Like Aimovig, it is a subcutaneous injection. Both are well-tolerated and have been shown to be highly effective in clinical trials.

Ajoovy is available as a pre-filled syringe vs the auto-injector with Aimovig. Ajoovy offers the option of a quarterly (every 3 months) dosing. However, it requires 3 injections for the quarterly dosing. A monthly single subcutaneous injection is also available. For some patients, the quarterly dosing could be done as part of an office visit every 3 months and may be more convenient than the monthly self-injection.

Is one better than the other? The short answer is that we don't know. There have not been any comparison trials. All trials with this new category of migraine prevention with CGRP monoclonal antibodies were conducted with the active drug vs placebo.

**Who is a candidate for a CGRP monoclonal antibody (CGRP mAB)?**

Any adult migraine sufferer who has 4 or more disabling monthly migraine days would be a candidate. Most insurance companies will require a failure or intolerance to at least 2 standard oral migraine preventives. Currently, this new category for migraine

prevention is only approved for adults 18 and over in the US. There is not enough data to know if this new category is safe for pregnancy and lactation.

We encourage you to make an appointment to explore this new preventive option for migraine. We may be able to give you the 1<sup>st</sup> injection in the office as part of your visit. We are entering a new era of headache medicine with the advent of migraine specific preventive treatment that is effective and well-tolerated. You deserve to live a life as free of migraine as possible. We are here to help.

For more information, go to [www.Aimovig.com](http://www.Aimovig.com) and [www.Ajovy.com](http://www.Ajovy.com)

Dr. Susan Hutchinson, Dr. Molly Rossknecht, & Staff

Orange County Migraine & Headache Center

9/24/18